




E-LEARNING

DIFFICULTIES AND GOOD PRACTICES



Gopi Krisshna,
Katarzyna Sawicka, Mihaela Gladuneac &
Toaca Alexandrina

DIFFICULTIES

1

FOCUS

2

COMMUNICATION

3

SCREEN TIME

4

INFO SEARCH

FOCUS

E-learning in my opinion require a lot of self discipline and strong ability to focus.

Throughout two years of e-learning I realised that i struggle with focus. When the lectures are online, I find it hard to listen and focus on the subjects. I always find something to do and to distract me.

COMMUNICATION

The communication with other peers or lecturers seem harder. There is always a problem with microphone or the connection.

The effort is not the same like it would be in the classroom.

SCREEN TIME

The screen time exposure is too long. There is very little movement where everything is done online, on computer.

INFO SEARCH

A great difficulty was the search for information, the internet has thousands and thousands of information, but their correctness is always questionable. Of course sometimes it is quite difficult to sort this information, this takes us a lot of time, which we could definitely use differently.

And of course learning is so beautiful when there is an obstacle between you and the correct information.

Good Practices

- Take a break every 20 minutes from working and look outside that is far-sighted (reduces eye drain).
- Download and install work productivity tools to keep your work more efficient (eg. ,Trello, Miro, etc.)
- Ensure there is good internet connectivity
- Be disciplined with focus and looking at other apps might cause distraction and loss in productivity

Good Practices

- Provide an equal chance or opportunity for others to share their opinions during an online discussion
- Keep your webcam turned on, if possible (to ensure better interactivity in online discussions).
- Check your audio and video setting 5-10min before a meeting or a call
- Take ownership of tasks or expect less monitoring or shadowing

Good Practices

- If you have learning difficulties, ask for help, and don't be ashamed
- Discuss how to improve your time management and study habits
- Take a break and relax, you can't do it all at once
- Pay attention to the lesson and don't get distracted by the phone

Good Practices

- Carefully analyze the sources from which you extract the information
- Always organize your desktop to easily find the desired file on your computer at any time
- Use back-up to make sure you don't lose any files
- Sometimes try to have fun with your friends on these platforms to break the monotony of online learning